



Kurralta Park Community Kindergarten

Kurralta Park Community Kindergarten
QUALITY AREA 2: CHILDRENS HEALTH AND SAFETY
Implemented 9.05.2024

Sun Protection Policy

Aim

Research continues to highlight skin protection, especially in the first 18 years of life, as a major strategy in the fight against skin cancer. Outdoor Activities are an important part of a child's day at kindergarten; therefore, skin protection measures are implemented as the children enjoy the daily routine. Kurralta Park Community Kindergarten aims to support and promote sun protection by encouraging all children to wear appropriate hats, sun safe clothing & sunscreen while at kindergarten.

Legislative Requirements

Inclement weather and sun protection (DFE)

National Quality Standard and regulations:

- a. Regulation 168 (2) (a) (ii)-Policies and procedures
- b. National Quality Standard-Standard 2.3-Children's safety
- c. Regulation 114-Shade

Cancer Council SA- SunSmart policy information

Boom Weather UV radiation levels: [Adelaide Forecast](#)

Who is affected by this policy?

Educators

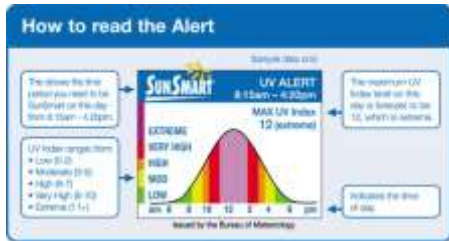
Families

Children

Procedures

- Children will be encouraged to avoid direct exposure in the sun between 10.00am and 2.00pm (11.00am – 3.00pm in daylight saving times) when ultraviolet levels are highest.
- All educators and children apply SPF50+ broad-spectrum water-resistant sunscreen 20 minutes before going outdoors and reapply after 4 hours (or according to the sun cream directions).
- Sunscreen is stored in a cool, dry place and the use-by-date monitored.
- The kindergarten provide children's hats that are worn when the UV levels are 3 and above outdoors.
- Children who do not have hats will play in well shaded areas (e.g., veranda)
- Children are required to wear appropriate sun protective clothing. This clothing should be cool, loose fitting and made of closely woven fabric. It includes shirts with collars and modest length sleeves and longer style shorts and dresses. If children are not wearing appropriate clothing for sun protection, they will need to remain in well shaded areas.
- Outdoor activities will be placed in shady areas whenever possible.

- On very hot days, or when UV ratings are high, only indoor and veranda activities are provided, and children do not play outdoors.
- Excursions/outdoor functions are planned with shade provisions in mind.
- Shade provisions are given priority in any forward planning for outdoor areas.
- Staff incorporate sun and skin awareness activities into teaching activities.
- Staff are positive role models by wearing hats and appropriate clothing for all outdoor activities, by directing children to shady areas and by ensuring children wear their hats.
- The policy will apply to all users of the kindergarten, including Occasional Care and volunteers etc.
- Educators check the BOM weather app. daily to assess the UV rating and implement the correct weather protection for children. Educators work with the children to discuss the sun smart to identify UV ratings and the rules around sun protection on the SMART board to increase their knowledge of sun smart safety.



EXPOSURE CATEGORY	UVI RANGE
LOW	< 2
MODERATE	3 TO 5
HIGH	6 TO 7
VERY HIGH	8 TO 10
EXTREME	11+

Parental

Responsibilities

- Parents are requested to dress their child in appropriate clothing on very hot days which protects as much of the skin as possible. (e.g. no tank tops, shoe-string strap dresses/tops).
- Parents are encouraged to apply a broad-spectrum sunscreen of SPF30 or higher before the child comes to kindergarten. The kindergarten supplies a broad-spectrum SPF 30 sunscreen for parents to use when dropping children off and this will be applied after lunch, before the children go outside in the afternoon. Any children with allergies to certain ingredients can provide their own.
- Supplying a named water bottle or cup in their child's bag every day (We also provide access to filtered water daily)
- Providing positive role models by practicing the above measures themselves.

Resources

- Inclement weather and sun protection (DFE)
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- BOOM Weather UV radiation levels: [Adelaide Forecast](#)

The DFE and staff will monitor and review the effectiveness of the sun protection policy regularly. The sun protection policy must be submitted every two years to the Cancer Council for review to ensure continued best practice. Refer to the Cancer Council's guidelines and website www.cancercouncil.com.au/sunsmart for further information.

Submitted: October 2024

Written and implemented Director by Dareska Brus: 9/05/24

Date reviewed by Governing council: 17/09/2024

Reviewed by staff team: 6/09/2024

Next review: Term 3 2025